

LOS ANGELES - Mothers, lock up your young rock stars.

Two decades after Pamela Des Barres recounted her exploits as a rock'n'roll groupie in the memoir "I'm With the Band," a busty academic has upped the ante with her lurid book, "The Last Living Slut: Born in Iran, Bred Backstage."

Roxana Shirazi, who may be the Islamic republic's greatest contribution to rock 'n' roll, explicitly details her encounters with members of such A-list rock bands as Guns N' Roses and Motley Crue, as well as younger groups like Avenged Sevenfold, Papa Roach and Buckcherry, and a host of no-name acts that she gleefully recounts "corrupting."

Now a British citizen, Shirazi says her youngest conquest was a 15-year-old drummer when she was 28. (In the book, he is listed as 16 for legal reasons.)

Thanks to the complex rules of groupie etiquette, where a pecking order exists among the women, Shirazi has also seduced her fair share of rivals.

"Girls would be like, 'Can I come backstage?' I'd be like, 'If you give me a kiss, if I can make out with you, I might take you backstage,'" she said in a recent interview with Reuters at The Rainbow, a heavy-metal hangout on the Sunset Strip that she describes as her second home.

The star performer was evidently Matt Sorum, former drummer with the Cult, Guns N' Roses and Velvet Revolver. Aged 46 at the time, he concluded an all-night liaison with Shirazi and a female companion by performing a series of one-armed push-ups, just like Jack Palance at the Oscars.

In all, Shirazi estimates she has slept with about 50 men and women, a relatively unremarkable number if not for a few caveats. She lost her virginity at 24, about 11 years ago. (While she happily disgorges the most intimate details in the book, Shirazi draws the line at confirming her age.)

She was also sidelined for a while, battling post-traumatic stress disorder triggered in part by aborting the baby of Guns N' Roses keyboardist Dizzy Reed, the biggest regret of her life.

COLLEGE GIRL

Oh yes, Shirazi was also a full-time university student for much of the time, and now holds a masters degree in English studies from Bath Spa University. Her mother, who

knows vague details about her groupie lifestyle, wants her to pursue a PhD, but it's difficult when she is being inundated with MySpace requests from rock stars asking her to join them on the road.

With the acquiescence of a tolerant boyfriend, she was recently contemplating touring with Stone Temple Pilots.

But the allure is fading, and the book is often a grim read of sordid hotel rooms and broken hearts. It also details her life in Tehran before she moved to Britain, aged nine. Perhaps as a result of molestation by trusted adults and abandonment by her drug-addicted father, her earliest memories are sexual.

As an adult, her dismal experience with Reed, a long-time Guns N' Roses employee who allegedly shunned her after she got pregnant, is the book's grippingly low point. (An agent for Reed did not return an email seeking comment.)

"When Pamela Des Barres wrote 'I'm With the Band,' it was very glossy and flower-power, all happy and lovey-dovey. Mine is all the ugly sides in rock 'n' roll, I think," she said.

While there is plenty of X-rated titillation, she also recounts a boring conversation about gardening with Motley Crue hellraiser Nikki Sixx. But she spared readers the details of disturbingly sedate backstage cups of tea with metal groups like Def Leppard and Whitesnake.

While she embraces the term "slut," and considers herself a feminist who would never consent to anything against her will, she is also a self-confessed "nerd." She rarely told her rock-star pals that she was either an academic or Iranian.

"A lot of guys I hung out with like to talk about beer and strippers, so I couldn't really sit there and have a talk to them about life or theory or my studies. They would have gone off me, and not wanted to have sex with me."

To that end, she would drop everything if political rockers Rage Against the Machine should ever invite her on the road. Same with teen idol Justin Bieber, but for different reasons.

"I so want to just eat him up, man," she said. "So cute."